

# Better Homes & Gardens®

*bright*  
**IDEAS**

*Decorate like a pro,  
clean smarter  
& live greener*

100th Anniversary

←→  
EASY  
STENCILED  
EGGS  
p. 28

*plus*

COLOR MYTH BUSTERS ♦ SPRING RECIPES ♦ GARDEN INSPO

*FIND YOUR  
COLOR  
CONFIDENCE*

BROUGHT TO YOU  
BY SHERWIN-WILLIAMS





1 WALL  
SALISBURY  
GREEN  
HC-129  
BENJAMIN  
MOORE

2 With its size  
and nature scene,  
the painting  
complements the  
window view.

4 TRIM  
SOFTER TAN  
SW 6141  
SHERWIN-  
WILLIAMS

## REST EASY

To fashion a bedroom oasis, designer Bria Hammel mixed tranquil tones.

**1 WALLS** With soft blue undertones, sage green is "calming but enough color to make it still feel exciting," Hammel says.

**2 ARTWORK** Because this wall color can skew toward surrounding tones, Hammel selected an art piece with similar pastoral hues.

**3 ACCENTS** Hammel balanced the walls' paleness with darker light fixtures and bedside tables. The contrast keeps the room from appearing washed out.

**4 CURTAINS AND BED** Stripes add a geometric element without feeling "overly busy," Hammel says, "which is especially important when it's in a neutral palette like this." She chose varied widths so they don't look too matchy.

**5 TRIM AND BED LINENS** Bright white woodwork and bedding would have felt stark. Instead, Hammel chose a more mellow oatmeal tone. "It's warmer and feels more cozy," she says.

PHOTO: SPACECRAFTING INC.

## [TREND REPORT] FRESH GREENS

Each year, major paint brands select a Color of the Year. If 2022's winners are any indication, our walls can go green now too.



LAUREL LEAF  
Better Homes & Gardens™



OLIVE SPRIG  
PPG1125-4  
PPG



OLIVE BRANCH  
C2-938  
C2



GUACAMOLE  
PPG1121-5  
Glidden



EVERGREEN FOG  
SW 9130  
Sherwin-Williams



OCTOBER MIST  
1495  
Benjamin Moore



**QUICK FIX**  
Designer Miles Redd often matches millwork to the wall color, creating a cohesive envelope in a jiffy. In this mudroom, he colored every inch in Farrow & Ball Olive. "I love a mossy green," he says. "I find it works with everything. If you're looking for a little twist or foil, it can add interest without clashing."

“Green acts almost as a neutral because it's such a perfect earth tone.”

BRIA HAMMEL

### ORGANIC MIX

To supply a new build with instant coziness, designer Mark Cunningham transformed a white box into a cocoon of earth tones. Inspired by the sofa's sage linen, he painted walls and trim tone-on-tone green (similar to Benjamin Moore Avon Green). Varying the finishes—flat on the walls, satin on the trim—adds depth, while furnishings in a range of sandy hues give the room warmth and texture. ■

